



The road to credit restoration is usually paved with stressful financial steps. Contributing factors may be a change in income, unexpected medical bills, or other catastrophic life situations.

Many people think that credit scores are only about managing money and debt well. But more and more people are starting to realize the importance of harnessing their emotions in order to harness their money - to gain control over their credit score. In fact, in recent years there has been an awareness on the link between our emotions and our money – that is, how our financial health is affected by our emotions.

If you want to repair your credit you will have to deal with emotions as well as the numerical side of things. Here are three important suggestions to consider.

1. Be Kind to Yourself.

You are not your credit score ... you are so much more. Your worth is sacred and is beyond your credit rating. While you may experience shame, fear, anger, or grief ... know that these feelings are normal when people find themselves in financial straits. If you find that you are depressed or anxious more than you are not; or if your emotions are affecting your ability to function at home or at work, consider professional help to assist you through this time. Remember: This too shall pass!

2. You Do Not Have to Make this Journey Alone.

At Credit Resurrection, you will find Credit Consultants who care about you. Our staff understands the many different life challenges that often underly financial problems. You will not be judged. Rather, you will be championed through the credit restoration process. Financial problems can lead to isolation. With Credit Resurrection, you will not make this journey alone.

3. Live Life Again!

When you take control of your personal finance picture you will feel differently about yourself and your life. The feelings of shame, guilt, and worthlessness will disappear. You will find renewed strength to face your future. Call Credit Resurrection today!